



OSCEOLA COUNTY SCHOOL DISTRICT

Elementary & Middle School Lunch Menu

January 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	3 Beef Tacos or Nachos Beef and Bean Burrito Garden Salad/Luncheon Salad/corn Salsa and Sour Cream Apple Crisp/Fresh Fruit Milk Choice	4 Turkey Sticks Chicken Stew Garden Salad/Luncheon Salad Rice and Beans Plantains/Bananas Roll Milk Choice	5 Macaroni and Cheese* Fish Nuggets with Tartar Sauce Cornbread Garden Salad/Luncheon Salad Green Beans Chilled Pears/Fresh Fruit Milk Choice	6 Pizza* Egg Salad Sandwich* Carrot Sticks with Dip Strawberries/Fruit Choice Milk Choice
9 Grilled Cheese Sandwich* Ultra Dog, Turkey Mixed Vegetables Baked Potato with Sour Cream Fresh Apple Slices/Fresh Apples Milk Choice	10 Cheeseburger with Lettuce and Tomato Quesadilla* with Salsa and Sour Cream Garden Salad/Luncheon Salad Potato Wedges Chilled Pineapple Chunks/Fresh Fruit Milk Choice	11 Chili with Crackers Turkey Melt Rice Garden Salad/Luncheon Salad Peas and Carrots Fresh Orange/Fruit Cup Milk Choice	12 Chicken Nuggets with Roll Corn dog Garden Salad/Luncheon Salad Coleslaw Mixed Fruit/Fresh Fruit Milk Choice	13 Pizza* Tuna Salad Sub Carrot Sticks with Dip Diced Peaches/Fresh Fruit Milk Choice
16 MARTIN LUTHER KING, JR. HOLIDAY	17 Hot Turkey and Gravy Fish Nuggets with Tartar Sauce Garden Salad/Luncheon Salad Mashed Potatoes Carrots Roll Chilled Peaches/Fresh Fruit Milk Choice	18 Cheesy Breadsticks with Sauce* Roasted Chicken with Roll Garden Salad/Luncheon Salad Green Beans Fresh Fruit/Fruit Cup Milk Choice	19 Pasta with Meat Sauce and Garlic Breadstick Egg Roll** with Duck Sauce Garden Salad/Luncheon Salad Steamed Broccoli Chilled Pineapple Chunks/Fresh Fruit Milk Choice	20 Pizza* Peanut Butter and Jelly Sandwich*/ PB + J Grahamwich with Cheese Stick/ Garden Salad/Luncheon Salad Strawberries/Fruit Choice Milk Choice
23 Chicken Patty on Bun Cheesy Breadsticks with Sauce* California Blend Chilled Mixed Fruit/Fresh Fruit Milk Choice	24 Beef Tacos or Nachos Beef and Bean Burrito Garden Salad/Luncheon Salad Salsa and Sour Cream Apple Crisp/Fresh Fruit Milk Choice	25 Turkey Sticks Chicken Stew Garden Salad/Luncheon Salad Rice and Beans Plantains/Bananas Roll Milk Choice	26 Macaroni and Cheese* Fish Nuggets with Tartar Sauce Cornbread Garden Salad/Luncheon Salad Green Beans Chilled Pears/Fresh Fruit Milk Choice	27 STUDENT HOLIDAY
30 Grilled Cheese Sandwich* Ultra Dog, Turkey Mixed Vegetables Baked Potato with Sour Cream Fresh Apple Slices/Fresh Apples Milk Choice	31 Cheeseburger with Lettuce and Tomato Quesadilla* with Salsa and Sour Cream Garden Salad/Luncheon Salad Potato Wedges Chilled Pineapple Chunks/Fresh Fruit Milk Choice			

Menus are subject to change due to food availability and special holiday menus

* Non-Meat Entree
 ** Pork

Revised 12/06/11